



National Consumer Protection Week 2025



How to Determine Tare Weight at the Supermarket



For Bulk and Produce Sections

- **Check the Scale Options:** Many supermarkets have scales that allow you to enter the tare weight before weighing your items.
- **Use Store-Provided Containers or Bags:** If you bring your own container, ask an employee to weigh it first and note the tare weight.
- **Look for Pre-Set Tare Weights:** Some stores pre-program tare weights for common packaging like plastic bags, glass jars, or paper containers.



For Pre-Packaged Items

- **Look for the Label:** Pre-packaged deli, meat, or bakery items often include a printed label that shows:
 - **Total weight (gross weight)**
 - **Tare weight**
 - **Net weight (actual product weight)**
- **Ask the Cashier or Clerk:** If the tare weight is not listed, a store employee can check it for you.



At Self-Checkout

- Some self-checkout systems prompt you to place the container on the scale before filling it, automatically deducting the tare weight.

